

Soul Garden Elements: A Catalog from Book 1

Compiled by Rodrick Gray, Private Investigator



WEATHER & AIR

- *Fragrance of Attraction*
- *Humid Air of Frustration*
- *Mist of Suspicion*
- *Moonless Night of Confusion*
- *Oversized Raindrop of Incredulity*
- *Petrichor* (the earthy scent of feeling reborn)
- *Pickled Cabbage Scent* (desperation)
- *Silver Fog of Deception*
- *Slumbering Shadow of Exhaustion*
- *Steady Drizzle of Gloom & Boredom*
- *Storm of Anger* (includes the *F5 of Rage* and the *Thunder-in-the-Distance of Irritation*)
- *Tropical Breeze* (untroubled, at ease)
- *Winter Wind* (rawness, a gut punch by life)

CREATURES

- *A Pair of White Doves* (adoration)
- *Disapproving Gargoyles*
- *Fireflies of Infatuation*
- *Gnome of Envy & Jealousy*
- *Lawn Ostrich of Complacency*
- *Monster of Hunger* (includes appendages for *Appetite*, *Relish*, *Sweet Tooth*, *Zest*, *Gusto*)
- *Murdermore's Raven* (Murderous, Murderery)
- *Ring-tailed Lemur* (gut feeling, hunch)
- *Rodent of Disgust*
- *Scarecrow of On Alert*
- *She-Lynx of Protectiveness*
- *Snake of Spite*
- *Spider Silk of Barely Hanging On*
- *The Squirrel of Impatience*
- *Thundering Herd of Elephants* (taking offense)

TREES & PLANTS

- *Dark Forest of Fear*
- *Fern of Aversion to the Sight of Blood*
- *Fig Leaf of Shame & Embarrassment*
- *Hanging Moss* (sadness)
- *Heads of Iceberg Lettuce* (disappointment)
- *Lemon Tree of Bitterness*
- *Log of Worry*
- *Maze of Daydreaming & Distraction*
- *Oak Tree of Pain*
- *Peach Carnation* (“Obligated to Return the Favor”)
- *Redwood of Determination*
- *Rustling of Leaves* (alarm)
- *Sunflowers of Joy & Happiness*
- *Sunlit Meadow of Contentment*
- *Thistle Crown* (“Life Likes to Lob a Challenge, Whatcha Gonna Do”)
- *Tightly Pruned Topiary Snail of Awkwardness*
- *Vines of Anxiety*
- *Weeping Willow of Grief & Sorrow*
- *Wilted Sunflower Patch* (unhappiness)

WATER & EARTH

- *Bucket of Cold Water* (shock)
- *Carpet of Earth* (love)
- *Gurgling Fountain* (serenity)
- *Heavy Mud of Guilt*
- *Moat* (feeling the need to stand alone)
- *Pond of Grievances*
- *Sea of Adrift* (feeling lost in your life)
- *Underfoot Pebbles of Doubt*

IN THE GARDEN

- *Barbed Wire of Guardedness*
- *Bouncing Tennis Ball of Indecisiveness*
- *Broken Earthenware of Betrayal*
- *Bronze Mirror of Perfectionism*
- *Chalkboard Fence* (not ready for adulthood)
- *Faded Landscape* (feeling old)
- *Garden Bells of Stress*
- *Monocle of Curiosity*
- *Oddly Tilted Path* (feeling strange)
- *Pity's Lens*
- *Polka Dot Balloons of Humor*
- *Sundial of Foot-Dragging*
- *Table & Cocoa Mugs of Sympathy*
- *Telephone Wire* (connection to another person)
- *The Doppelganger of Empathy*
- *Toga-Clad Statue of Me* (self-absorption)
- *Treehouse of Friendship*
- *Windmill of Efficiency*